

NOVEMBER 2024



Proudly Serving Community Since 1978

310 Paoakalani Avenue • Honolulu, HI 96815
808 923-1802 • www.waikikicomunitycenter.org

“I am thankful for my cats because I grew up loving them and wouldn’t be me without them. Also, if I didn’t have cats, all I would do is watch TV and eat.” – Zoey, elementary school student

It’s that time of year when it’s great to reflect on what we are thankful for, focusing on what we have rather than what we don’t, on the good rather than the bad. But sometimes it’s hard. Life can be overwhelming and there are days when we feel like we have nothing to be grateful for. When this happens to me, I have come up with three strategies that help by looking at role models for how to be thankful...kids.

People often say kids have it easy and are not grateful, but think about it. Kids have little to no control over their lives – their schedules are made for them, they’re financially dependent on others, and someone is always telling them what to do. No wonder they have melt downs! Yes, kids get upset, sad, angry, scared and once they express the emotions they are feeling, they get on with it. We’ve all seen a toddler have a tantrum and it’s dramatic but never lasts forever. Have you seen that toddler after the melt down? They’re fine. They get back to their lives.

So my first strategy to help me feel more thankful is to **let it go**. I know this is easier said than done. So let’s look at the kid model, they have to get it out and express their feelings before they can let it go. It’s not socially acceptable for adults to have tantrums (in public) but we can find something that is, or do it in private like scream into a pillow, physically shake it off, or talk to a friend.

Another notable thing about kids is whenever you ask what they are grateful for, they always have an answer. In my years of raising three kids and my 10+ years seeing kids at WCC Preschool, I’ve never seen a kid unable to name at least one thing they’re thankful for. Why? Because they **keep it simple**, my second strategy. I found my son’s old kindergarten hand turkey where he had to write five things he is thankful for on each of the ‘feathers.’ Here is the list: the world, crayons, rainbows, my sisters, tool bench. We don’t have to be profound, think basic - I woke up, the sky is blue, I found my missing scissors.

Finally, kids think a ton of things are funny. They find humor in the simplest things. It’s so much easier to feel thankful when you’re laughing so my final strategy is to **seek out humor**. There are a lot of heavy things going on in the world and in our own community, which weigh on many of us. I find that taking “laugh breaks” helps to keep me in a healthier mindset. Make a conscious effort to find something you find funny every day – spend time with someone that makes you laugh, watch a favorite sitcom or read a comic strip or joke book.

The WCC team and I are incredibly thankful for all of you, our WCC `ohana. Thank you for being a part of our community, participating in our classes and events, spreading the word about our services, helping one another, and supporting the Center in so many different ways.

May your November be filled with thankfulness!

Caroline Hayashi, President

SATURDAY
October 26, 2024
1:30pm - 3:00pm

REGISTER TODAY!

📞 808-923-1802

🌐 <https://www.waikikicomunitycenter.org/whats-happening>

SCAN ME

\$5
per person*

*\$5 fee helps to pay for material costs

FAQs:

- We'll be working/playing with mud! But, don't worry, we'll have gloves and all ingredients are natural and non-toxic.
- All participants must be able to make their way from WCC to the Ala Wai Canal (the distance is approximately two blocks away).
- Parent(s) must accompany all children ages 3 - 17.
- Wear sun protection (a hat, sunscreen), comfortable shoes, and bring water.
- 35 participants welcome.
- Free parking on premises.

GENKI MAKE + TOSS
With Waikiki Community Center

Join us for an exciting, hands-on community service workday. We will make and toss Genki Balls to help restore the waters of the Ala Wai Canal.

What are Genki Balls?
Genki balls are tennis ball-sized mud balls made of clay soil, rice bran, molasses, water, and Effective Microorganisms. Genki balls digest and oxygenate sludge, consume harmful gases, and contain foul odors that pollute the canal. Using bioremediation technology, we aim to help make the Ala Wai Canal fishable and swimmable within seven years. We work in partnership with the Genki Ala Wai Project.

Waikiki Community Center
310 Paokalani Ave | Ph: 808-923-1802

Please join us for a

HALLOWEEN

party

THURSDAY

31 OCTOBER 2024
1:30 PM TO 3:00 PM

Join us for delicious pupus & desserts, a costume contest with exciting prizes, fun surprises, and more!

\$20 for members
\$25 for guests
in the Auditorium

See you there for a spooky good time!

RSVP by Thursday, October 24, 2024
by phone 808-923-1802 or online at
www.waikikicomunitycenter.org/whats-happening

STORIES, CONNECTIONS, INSPIRATION

A weekly gathering where community share memories and personal stories. This meetup fosters meaningful connections, offering a space for shared experiences and inspiration. Join us for uplifting conversations and fresh perspectives, where everyone is welcomed and encouraged to share.

Host: Merle O'Neill

MONDAYS
beginning November 4
2:30pm – 3:45pm
Lanai – Free

Registration to attend is not required

VIRTUAL -
English Language Acquisition
(ELA)

Happy Holidays!

See you again in 2025!

ELA CONVERSATION GROUP
Instructor: Donna Prather

Mini 4-Week Course - THURSDAYS
10am - 11am (HI Standard time)
NOVEMBER 21, DECEMBER 5, 12, 19, 2024

\$15 BeST* / \$30 General Public*
*non-refundable

A minimum of two participants required for this course.
Deadline to register is November 15, 2024

Register in advance online at
<https://www.waikikicomunitycenter.org>
or in-person at the WCC office



Lauhala Bracelet

Workshop with Leialoia



- **CLASS FEE:** \$25 MEMBERS* / \$35 GUESTS*
- **DATE:** SATURDAY, NOVEMBER 16, 2024
- **TIME:** 10:30 AM – 12:30 PM
- **LOCATION:** ROOM 203A (STAIR ACCESS ONLY)
- **CLASS SIZE:** 8 STUDENTS
- **REGISTER BY:** NOVEMBER 12, 2024

Join us for a special workshop where you'll learn the art of weaving lauhala into a beautiful, one-of-a-kind bracelet. Guided by lauhala artisan Leialoia Mahuka, this class is perfect for anyone looking to create a meaningful, handmade accessory while learning traditional Hawaiian techniques.

What's Included:
All materials are provided, including carefully harvested, cleaned, and prepped lauhala. Each student can make one bracelet.

*Sorry, classes are non-refundable.

REGISTER BY PHONE, WEB OR QR CODE



Scan me

Phone Number 808-923-1802 Website waikikicomunitycenter.org

LET'S LUNCH TOGETHER!

A WCC Members Only social gathering

LUNCH AND FUN PROVIDED

TUESDAY, DECEMBER 3, 2024

11:00am - 12:30pm

\$3 - Auditorium

Deadline to register is November 29

Call the WCC office at 808 923-1802 or online at www.waikikicomunitycenter.org



Lauhala Christmas Ornament

Workshop with Leialoia



- **CLASS FEE:** \$25 MEMBERS* / \$35 GUESTS*
- **SELECT A DATE:**
 - THURSDAY, DECEMBER 5, 2024 **OR**
 - SATURDAY, DECEMBER 14, 2024
- **TIME:** 10:30 AM – 12:30 PM
- **LOCATION:** ROOM 203A (STAIR ACCESS ONLY)
- **CLASS SIZE:** 15 STUDENTS
- **REGISTER BY:** DECEMBER 2, 2024

Learn how to create a variety of adorable lauhala ornaments to decorate your tree or to give away. You can make as many ornaments as you'd like during the workshop!

What's Included:
All materials are provided, including carefully harvested, cleaned, and prepped lauhala.

*Sorry, classes are non-refundable.

REGISTER BY PHONE, WEB OR QR CODE



Scan me

Phone Number 808-923-1802 Website waikikicomunitycenter.org

"We love to sing & dance and make you smile"

Silver Foxes



Performing at Waikiki Community Center

WEDNESDAY, DECEMBER 11, 2024

12noon - 1:00pm

FREE in the auditorium

Call to register at 808 923-1802 or online at www.waikikicomunitycenter.org

Eat. Drink. Relax. with us at
TEA AT 1024

Located at 1024 Nuuanu Avenue
 in the Arts District in the historic district of Downtown Honolulu



Friday, November 8, 2024
 11:00 am - 1:00 pm
 \$48 member / \$58 non-member

Transportation: Bus to the corner of Hotel Street + Nuuanu Avenue. Walk towards the harbor to Tea at 1024

Afternoon tea was originated in 1662 by the wife of King Charles II of England and reserved for the wealthy. Treat yourself to an afternoon of elegance and fun. Wear a hat like royalty to add to the ambiance. There will be prizes for the best hat and outfit.

Register by October 7, 2024 | Limited to 25 participants
www.waikikicommunitycenter.org / 808 923-1802
 fees are non-refundable

CAKE DECORATING
 class

instructor: Monique Sager
 of Wandering Treats



- Learn to make buttercream frosting
- Practice basic piping techniques
- Decorate your own cake in class

SATURDAY, NOVEMBER 9
 10am - 1pm
 Room 203A - 2nd level

FEE INCLUDES ALL SUPPLIES FOR CLASS
 and a 6-INCH CAKE
 \$85 member / \$95 non-member

Children ages 8 to 17 must be accompanied by a parent
 Register Now - Maximum 11 participants

www.waikikicommunitycenter.org
 or 808 923-1802 / fees are non-refundable

SATURDAY
November 23, 2024
 1:30pm - 3:00pm

REGISTER TODAY!

808-923-1802

<https://www.waikikicommunitycenter.org/whats-happening>



\$5
 per person*

*\$5 fee helps to pay for material costs

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- Free parking on premises.



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Waikiki Community Center
 310 Paoakalani Ave | Ph: 808-923-1802



Thanksgiving
 CELEBRATION WITH FRIENDS

COME CELEBRATE THANKSGIVING WITH US IN OUR AUDITORIUM. ENJOY A FULL THANKSGIVING FEAST, DRINKS, AND GREAT COMPANY. WE LOOK FORWARD TO SHARING THIS SPECIAL DAY WITH YOU!

A Thanksgiving Feast • Drinks • Food and Friends!

Wednesday, Nov 27
 12:30 pm to 2:00 pm
\$15 for members / non-members
In the Auditorium

RSVP by Wednesday, November 13, 2024

Please reserve your spot by phone 808-923-1802 or online at:
www.waikikicommunitycenter.org/whats-happening

CHRISTMAS ORNAMENT WORKSHOP



WITH DEE OLIVA

CREATE, PAINT, AND TAKE HOME YOUR ORNAMENT ON THE SAME DAY! ALL SKILL LEVELS ARE WELCOME!

ALL MATERIALS AND AN AIR PLANT ARE INCLUDED IN THE CLASS FEE.



- **Date:** Saturday, December 7, 2024
- **Time:** 1:00 PM to 3:00 PM
- **Location:** 310 Paoakalani Avenue (Free on-site parking)
- **Fee:** \$40 for members | \$50 for guests*
- **Register by:** Friday, November 29, 2024
- Class limited to 12 students

To register, scan the QR code, visit [www.waikikicomunitycenter.org](https://www.waikikicomunitycenter.org/whats-happening), or call 808-923-1802.



Scan me

* class fee is non-refundable.

310 PAOAKALANI AVENUE | PHONE 808-923-1802



Holiday Trolley Ride

Our trolley ride to Honolulu Hale's Honolulu City Lights is the perfect event to get you in the holiday spirit! We'll enjoy the festive ride to Honolulu Hale, marvel at the Christmas lights, and capture some magical holiday memories together.

TUESDAY, DECEMBER 10, 2024

\$25 ADULTS | \$15 CHILDREN*

RSVP BY FRIDAY, NOVEMBER 29, 2024

- 5:15 P.M. - MEET IN THE WCC AUDITORIUM
- 5:30 P.M. - TROLLEY DEPARTURE
- 7:30 P.M. - RETURN TO WCC

Register by phone: 808-923-1802
 online: www.waikikicomunitycenter.org/whats-happening
 Capacity is 33 participants
 Ages*: 10 years and older, please.

A WCC PRIVATE CHARTER TOUR

*fees are non-refundable. All participants must be able to walk and disembark transportation and walk on their own.

SATURDAY
 December 14, 2024
 1:30pm - 3:00pm

REGISTER TODAY!

808-923-1802

<https://www.waikikicomunitycenter.org/whats-happening>



\$5 per person*

*\$5 fee helps to pay for material costs

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NOAA TOUR

National Oceanic and Atmospheric Administration



TUESDAY, MARCH 4, 2025

\$25 MEMBERS / \$35 GUESTS*

Check-in at WCC: 8:30 am

Return to WCC: 1:00 pm

EVER WONDER HOW THE WORLD WORKS? Science on a Sphere is a room-sized display of the Earth, projecting animated images that showcase atmospheric storms, climate change, animal migrations, earthquakes, tsunamis, and more.

EXPERIENCE the thrill of stepping inside the belly of a 45-foot whale and watching meteorologists predict the weather in real time.

NOAA'S MISSION is to understand and protect our natural world. They monitor global weather and climate and work with partners worldwide to safeguard our planet's resources.

VISIT NOAA'S INOUYE REGIONAL CENTER, a newly built Gold LEED sustainable building on Ford Island, home to the National Oceanographic and Atmospheric Administration, with your host, Merle O'Neill.

Important Notes:

Covered footwear is **REQUIRED**; Wear comfortable clothes; Participants must be able to enter/exit transportation and walk the tour site independently; Tour fees are non-refundable; Maximum 30 participants

Deadline to complete registration*: January 21, 2025.

*registration includes completion of security clearance form & print of documents

Register by phone: 808 923-1802 or in person at the WCC office



BUILD AN EMERGENCY SAVINGS ACCOUNT

Contribute to retirement savings

Prepare yourself for unforeseen expenses

What is BUILD?

BUILD is a savings program through Waikiki Community Center, specifically for working adults. **BUILD** can provide you with \$1,000 matched savings (that's FREE money)!



Who is eligible?

- Any adult who is an Oahu resident
- Is currently employed
- Meets BUILD income guidelines

1 person: \$73,400 | 2 people: \$83,850 | 3 people \$94,350
4 people: \$104,800 | 5 people: \$113,200

APPLY TODAY

or for more information, contact: Pamela Seelig
pseelig@waikikicommunitycenter.org
808-923-1802 ext. 107

www.waikikicommunitycenter.org/BUILD



IDA CHANG Scholarship

The Ida Chang Scholarship is provided to enable a senior in need the ability to participate in fee-based activities provided by Waikiki Community Center (i.e. tours, classes, programs, etc.)

The Scholarship is based on availability of funds with consideration provided to an applicant who is:

50+ years of age;

A permanent Hawaii state resident with a Waikiki or adjoining neighborhood address;

An existing or past WCC member/participant or Senior Assistance client on record who is able to meet income criteria.

Please call Waikiki Community Center at 808-923-1802 for more information



SENIOR ASSISTANCE COORDINATION

Available to individuals 60 years of age and above; Offering information & referrals on:

- Functional Mobility
- Social Engagement
- Housing
- Nutrition
- and other referrals as needed

Available Monday thru Friday from 8:30am - 3:00pm, except holidays & special events

To schedule an appointment, please call 808-923-1802 or email Shaun Stone at: sstone@waikikicommunitycenter.org

Priority of service provided to residents of Waikiki and neighboring areas



WCC PRESCHOOL



Offering innovative, service learning curriculum by licensed and caring staff.

Enrollment application for ages 18 months to 5 years is being accepted for school year 2022-2023.

Contact Charlyn Moore at 808 922-2098 or cmoore@waikikicommunitycenter.org



Thrive by 5

Affordable Preschool Initiative



DENIED STATE TUITION ASSISTANCE? NEED HELP PAYING FOR PRESCHOOL?

To qualify, you must:
1. Be a full-time Hawai'i resident and work in the state
2. Meet ALICE* income guidelines

Waikiki Community Center Preschool monthly tuition is now \$550/month for qualified families!

SPACE IS LIMITED APPLY NOW!

Contact Charlyn Moore, Preschool Director cmoore@waikikicommunitycenter.org

*Asset Limited, Income Constrained, Employed

ALICE Income Guidelines

Household Size	Annual Income Limit
2 People	\$83,850
3 People	\$94,350
4 People	\$107,640
5 People	\$126,210
6 People	\$144,780
7 People	\$163,350

NOVEMBER 2024

WAIKIKI COMMUNITY CENTER

will be closed on
MONDAY, NOVEMBER 11, 2024

★ ★ ★


in observance of the
Veterans Day holiday



Waikiki Community Center

will be closed
NOVEMBER 28 THRU 29

in observance of the
Thanksgiving holiday




Waikiki Community Center
 will be closed

DECEMBER 25, 2024
 through
JANUARY 1, 2025

in observance of
Christmas and the New Year



Emergency Food Pantry



Tuesdays from 1pm - 2pm
 except holidays

Ohua Avenue side of the Auditorium

Participants must provide a government photo ID and
 documentation of proof of need at time of pick-up.

**TAHITIAN
 BEGINNING CLASS**



FRIDAY
12NOON - 1PM

\$9 BeST /
 \$15 GENERAL PUBLIC
 AUDITORIUM



Instructor: Nalini Gauthier of TAHITI MANA
<http://tahitimana.net>

**HULA
 with NALANI**




MONDAY
9:00am - 10:15am

\$10 BeST / \$15 General
 Auditorium



ZUMBA FITNESS
 with Miki Mahokey



« **WEDNESDAYS**
6:00 P.M. - 7:00 P.M.

\$5 BeST / \$8 General
 Auditorium

Zumba

THURSDAYS with Erin
6:30pm - 7:30pm

SATURDAYS - with MJ
11:00am - 12noon

\$5 members / \$8 public
 Auditorium

TAI CHI with STEVE



WEDNESDAYS & SATURDAYS
9:00am - 10:00am
\$5 BeST / \$8 General Public
Auditorium

TAI CHI with Steve

Intermediate Class

MONDAYS
9am - 10am
\$7 BeST / \$10 General Public
Room 205-E

Vinyasa Yoga

with Carole Shinn

FRIDAYS
11am - 12:15pm

\$5 BeST / \$8 General Public
Room 202-E



CHAIR Yoga with Cecilia



THURSDAYS
11:30AM - 12:30PM
AUDITORIUM

FREE TO MEMBERS | \$5 NON-MEMBERS

Chair Yoga can Improve:
Balance, Strength, Flexibility, Posture, Muscle Tone,
Mental Clarity and More


LINE DANCE CLASS

with Lorna & Alex

cha cha, tango, country & more!

9:00am - 10:30am

\$4 BeST / \$7 General Public
Auditorium



Gentle Flow Yoga

with Cecilia Brown

THURSDAYS 10am - 11am
SATURDAYS 11am - 12pm

\$5 BeST / \$8 General
Room 205-E



PILATES I

with Adina Corduneanu



MONDAYS
9:00 A.M. - 10:00 A.M.
\$5 BeST / \$8 General
Room 202-E

Pilates II

with Adina Corduneanu



FRIDAYS
9:00 a.m. - 10:00 a.m.
\$7 Best / \$10 General
Room 202 - E
Strengthen Your Mind & Body!



MONDAYS
12pm - 2pm
 \$Free / \$5 General
 Lanai




SOCIAL CRAFTING
 A non-instructional class
 Craft your own project in the company of others. Feel free to bring your lunch.
11:00am - 2:30pm
\$Free to BeST / \$5 General Public
 Lanai
 You provide your own project and supplies
 Instructors are not available



WEDNESDAYS
1pm - 3pm
 \$ Free / \$5 General
 Lanai

SEQUENCE and MEXICAN TRAIN DOMINOES
FRIDAYS
1:00pm - 3:00pm
 Lanai
 Free to BeST Members / \$5 General Public

Need a ride? Check out HUI Car Share right here at Waikiki Community Center!
 HUI is a car-sharing service that makes getting around super convenient- no signup fees. Gas & insurance is included, and you can rent by the hour or day.
 With two HUI vehicles parked on-site at WCC, you can drive off in minutes to make an appointment, run an errand or explore the island.

For questions about HUI Car Share, please visit the website: <https://www.drivehui.com>

Please note that Waikiki Community Center does not operate or manage the HUI Car Share program and is unable to assist with rental or questions.

FREE!
PERSONAL DOCUMENT SHREDDING
 Paper Documents (up to 100 sheets per visit)
MONDAY thru FRIDAY*
10am - 2pm / WCC office
 *except holidays
 This service is provided in partnership with AARP Hawaii for the prevention of fraud and identity theft of senior individuals

Neighborhood Board Meeting
2ND TUESDAY OF EACH MONTH
6:00 pm - 8:30 pm
 Auditorium

